

MWFL - LEAGUE RELEASE OF LIABILITY

- I know how to read, write and I fully understand the English language.
- I am playing/participating in the Mountain West Football League with the team I am registering for and that has included me on their roster. I am doing this of my own free will and I agree to accept all potential risks associated with my participation at not fault to either the Mountain West Football League or the team I represent.
- I understand that football can be a dangerous activity which can and sometimes does result in bodily injury to its participants. Nonetheless, I am accepting this risk of my own free will in order to participate in the Mountain West Football League with the team I represent.
- I understand that wearing protective equipment such as a helmet, shoulder pads, mouthpiece, knee and thigh pads, etc will reduce the chance of me being injured.
- Neither the game officials, the Mountain West Football League nor the team I represent will carry insurance of any kind (such as medical, liability, wage, property damage, etc.). I agree that if I am hurt or killed, my survivors cannot look to the Rocky Mountain Football League and/or the team I represent, any of its players, officials, organizers, commissioners, or any other participants for any insurance payments of any sort. Furthermore, I will not file, nor cause to be filed, nor participate in any lawsuit against the Mountain West Football League and/or the team I represent. or any of its participants for injuries sustained as a result of my participation in the Rocky Mountain Football League because I am aware and have been told that football can be dangerous and I can get hurt or killed as a result of my participation. I agree not to sue even in the event someone else was at fault or were negligent (failed to exercise due care and process).

- I am not being forced in any way to play/participate in the Rocky Mountain Football League with the team I represent and I have not been forced in any way to agree to or sign this release/waiver/contract. I am doing so because I am willing to accept all risks associated with playing football and my participation in the Rocky Mountain Football League with the team I represent.
- I, the undersigned hereby affirm that I am at least 18 years old or my legal guardian will sign. I further affirm that I am playing/participating in the Rocky Mountain Football League with the team I represent under my own free will and I understand football can be a dangerous sport in which I may be seriously injured (including death) by my participation. For myself, my heirs, my other family members, representatives, successors, assigns, and administrators, I HEREBY EXPRESSLY WAIVE AND RELEASE ANY CLAIMS which I may presently or hereafter possess against the ,Mountain West Football League and/or the team I represent, its players, directors, officials, commissioners, coaches, organizers, and any and all other participants in the and for the which may presently or in the future arise out of my playing or participation in the Mountain West Football League. This includes my use of fields, facilities, equipment, my playing, practicing, and all other times I might be involved in any activity.
- I hereby of my own free will personally assume all risks of any nature of any injury, death, or other damages to my property or to my family, heirs or assigns arising from me playing, practicing or any other participation in the Mountain West Football League. I expressly declare that the nature, extent, and result of any such risks or injury are not all known or anticipated, but that I nonetheless fully waive any claim arising therefrom and release any and all of the parties involved with the Mountain West Football League and/or the team I represent, game officials, including the Rocky Mountain Football League and it's officers, players, coaches, and service providers, from any liabilities arising there from. This waiver includes my waiving the right to sue even in the event someone else was at fault or were negligent (failed to exercise due care or process).
- I also understand that any act such as fighting, swearing, unsportsmanlike conduct, willful harm to another person playing or participating in the Rocky Mountain Football League and any other acts

outside of the rules of the game which may be considered harmful towards any persons associated with the Mountain West Football League and/or the team I represent will be viewed as just cause for my suspension from the Mountain West Football League.

- I further state that I have read and understand the above statements indicated by my completing this registration and I also have read this waiver and release which applies to all phases of my involvement and participation in the Mountain West Football League, including but not limited to playing, practicing, officiating, and any and all other forms of my participating in the Mountain West Football League. I further state that I am of lawful age and legally competent to sign this affirmation and release and that I understand the terms herein are contractual and are not a mere recital and I am signing this document as my own free act.
- I understand that photographs, film and/or video may be taken of me at any/all events in regards to the Mountain West Football League and the team I represent. I am waiving all expectations and/or rights to be compensated for any use of my name, performance and/or likeness. The Mountain West Football League as well as the team I represent can use any portrayal, image, likeness and voice in any media, print or visual projects for the purpose of advertising, promoting, marketing and selling the Rocky Mountain Football League and the team I represent.

COVID-19 RELEASE OF LIABILITY WAIVER

• I agree that I am personally responsible for my safety and actions while participating in any activity or event associated with the Mountain West Football League (mwfl), its owners, players, staff and all affiliates. I agree to comply with all safety policies and rules, including but not limited to all mwfl policies, guidelines, signage, and instructions. Because the mwfl activities and its facilities put me in potential direct contact with other individuals, I recognize that I am at higher risk of contracting COVID-19. With full awareness and appreciation of the risks involved, I, for myself and on behalf of my family, children, spouse, estate, heirs, executors, administrators, assigns, and personal representatives, hereby forever release, waive, discharge, and covenant not to sue the Mountain West Football League (mwfl), its board members, staff, officers, agents, servants, independent contractors,

affiliates, employees, successors, owners, players and assigns (collectively the "Released Parties") from any and all liability, claims, demands, actions and causes of action whatsoever, directly or indirectly arising out of or related to any loss, damage, or injury, including death, that may be sustained by me related to COVID-19 whether caused by the negligence of the Mountain West Football League, any third-party participating in the 2022 season of the mwfl, or otherwise, while participating in any activity while in, on, or around the mwfl and/or while using any mwfl facilities or attending any mwfl event. All associated parties must be listed below.

- I agree to indemnify, defend, and hold harmless the Mountain West Football League from and against any and all costs, expenses, damages, claims, lawsuits, judgments, losses, and/or liabilities (including attorney fees) arising either directly or indirectly from or related to any and all claims made by or against any of the mwfl due to bodily injury, death, loss of use, monetary loss, or any other injury from or related to my use of any mwfl facilities, tools, equipment, or materials, whether caused by the negligence of the mwfl or otherwise specifically related to COVID-19.
- By signing below I acknowledge and represent that I have read the foregoing Waiver of Liability, understand it and sign it voluntarily as my own free act and deed, including without limitation the Release of Liability and Indemnification requirements contained in this document; I am sufficiently informed about the risks involved in participating in any/all mwfl events and to decide whether to sign this document; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute this document for full, adequate, and complete consideration fully intending to be bound by the same. I agree that this Waiver of Liability shall be governed by and construed in accordance with Utah law, and that if any of the provisions hereof are found to be unenforceable, the remainder shall be enforced as fully as possible and the unenforceable provision(s) shall be deemed modified to the limited extent required to permit enforcement of the Waiver of Liability as a whole. This waiver remains in effect until the State of Utah lifts all COVID-19 related mandates.

STANDARD CONTRACT

- I will not be paid to play in the Mountain West Football League. I will not be promised nor will i expect any compensation from the Mountain West Football League or the team I represent.
- I will pay any/all player fees that are requested, expected and posted by the team I represent in a timely manner. By signing this contract, I am acknowledging that I am aware of this cost and expect.
- I will practice safety at all times and do my best not to injure another player. Football is a full-contact sport but I will not purposely attempt to cause long-term or permanent bodily harm to another player or coach in the Mountain West Football League.
- I will practice and exhibit the ideals of sportsmanship, teamwork and self-discipline.
- I will commit to the team I represent and attend any/all practices, events, games and/or activities that I am able. If I am not able to attend, I will let someone know of my absence in a timely manner.
- I will show respect to any/all owners, general managers, staff, fans and affiliates of the Mountain West Football League as well as the team I represent. I acknowledge the importance of leadership and am aware that this is voluntary by everyone involved in the Mountain West Football League and the team I represent.
- I will do my best to be on time and ready to participate in team practices, events, games and/or activities.
- I will not fight.
- I will refrain from vulgar and/or inappropriate language. This especially includes but is not limited to any area that women and/or children are present.
- I will be responsible for my own equipment. This can include but is not limited to buying, renting or borrowing the equipment. Uniforms will be available via the team you represent. This can include but is not limited to buying, renting or borrowing the uniform. I will sign a form that will ensure that any/all equipment or uniforms I borrow/rent have been paid for or returned to the owner/team I represent.
- I will not do anything to hinder, stop or change the growth of the team I represent. I am free to speak my mind but I will do so in a positive and constructive manner. I will take all issues, concerns or suggestions to the staff of the team I represent instead of my fellow players. If my issues cannot be resolved, I will refer my issues, concerns or

suggestions to the Mountain West Football League staff for consideration or delegation.

- I acknowledge that as a member of the Mountain West Football League and the team I represent, I have an obligation to my community and any community I enter or may represent throughout a posted/scheduled season of the Rocky Mountain Football League. I will do my best to make public appearances, attend youth camps, etc.
- Although I am paying a player fee and committing to the Rocky Mountain Football League and the team I represent, I will not expect any playing time and/or special privileges other than the opportunity to participate and be a part of the Rocky Mountain Football and the team I represent.
- I will always wear the uniform of the team I represent at any/all games as well as any practices and/or events that it is requested by the Mountain West Football League and/or the team I represent. I will always remember that I am part of the team I represent as well as the Mountain West Football League and my actions and behavior are a reflection of such.
- I will fully complete the registration form on the HostedSports.com website that will allow me to play in the Mountain West Football League.

THIS CONTRACT IS ONLY APPLICABLE AND VALID FOR ONE (1) POSTED/SCHEDULED SEASON IN WHICH IT IS READ AND SIGNED. A NEW CONTRACT WILL BE REOUIRED EACH YEAR A PARTICIPANT IS IN THE ROCKY MOUNTAIN FOOTBALL LEAGUE. IF A PLAYER/PARTICIPANT CHANGES TEAMS EITHER DURING OR AFTER A POSTED/SCHEDULED SEASON, A NEW CONTRACT & RELEASE OF LIABILITY WAIVER MUST BE FILLED AND SIGNED WITH THE NEW TEAM, ANY ADDITIONAL DOCUMENTS OR CONTRACTS SIGNED BY THE PLAYER/PARTICIPANT WILL NOT BE LITIGATED OR ENFORCED BY THE ROCKY MOUNTAIN FOOTBALL LEAGUE, ITS STAFF OR ANY/ALL AFFILIATES IN **REGARDS TO THE mwfl. ANY SIGNED DOCUMENTS WITH STIPULATIONS THAT** OFFSET WHAT IS WRITTEN IN THIS DOCUMENT WILL BE DEEMED NULL AND **VOID IF BROUGHT TO THE Mountain West Football League FOR LITIGATION.** THE Mountain West Football League, ITS STAFF AND ANY/ALL AFFILIATES WILL ONLY RECOGNIZE THE STIPULATIONS IN THIS CONTRACT AS VALID AND **ENFORCEABLE.. I HAVE READ THIS PLAYER CONTRACT & RELEASE OF** LIABILITY WAIVER CAREFULLY AND BY SIGNING BELOW, I ACKNOWLEDGE THAT I FULLY UNDERSTAND ITS CONTENT AND VOLUNTARILY AGREE TO THE TERMS SET FORTH. ANY VIOLATIONS OF THE THINGS SET FORTH IN THIS CONTRACT CAN RESULT IN TEMPORARY OR LONG-TERM SUSPENSION FROM THE TEAM I REPRESENT AND/OR THE Mountain West Football League.